

Important! Changes are Coming to the Healthy Michigan Plan



What you need to know

The state of Michigan is adopting work requirements for many enrollees of the Healthy Michigan Plan in January that might impact your Medicaid coverage.

The changes are occurring because of a new state law adopted earlier this year by the legislature. This overview, [which includes information from Michigan Department of Health and Human Services \(MDHHS\)](#),

is designed to explain the changes, what to expect and how to take action.

What's being changed?

Beginning Jan. 1, 2020, members of the Healthy Michigan Plan, Michigan's Medicaid plan, must meet a new set of work requirements in order to remain eligible for the program.

Who has to do this?

Anyone who is 19-62 years old and enrolled in the Healthy Michigan Plan will be required to report work or activities unless they are exempt (excused). See below for a list of possible exemptions.

When will I hear from the state?

All beneficiaries should expect to receive letters about the upcoming changes in the coming weeks. Each beneficiary will get one of three letters in September and October 2019. Additional notices will be sent in December 2019 about work and activities and how to complete monthly reporting. Here is an overview of the three types of letters you might receive:

Non-exempt letter: [B 19-36](#) (September 2019): This letter will be sent to beneficiaries who have Healthy Michigan Plan coverage as of Sept. 1, 2019 and who do not currently meet an exemption based on MDHHS records. This includes beneficiaries in Fee-for-Service (FFS) and health plans.

Exempt letter: [B 19-37](#) (October 2019): This letter will be sent to beneficiaries who have Healthy Michigan Plan coverage as of Sept. 1, 2019 and who meet an exemption based on MDHHS records.

Over 62: [B 19-43](#) (October 2019): This letter will be sent to beneficiaries who have Healthy Michigan Plan coverage as of Sept. 1, 2019, and who are 62 or over.

What is an Exemption?

An exemption excuses someone from having to tell MDHHS each month about work or activities to keep their HMP healthcare coverage. Someone may be exempt (excused) for up to one year and the exemption can be renewed. In some cases, MDHHS will already know someone is exempt (excused) and will apply the exemption automatically.

Valid exemptions:

Enrollees may be exempt if you are:

- Pregnant or were pregnant in the last 2 months
- Medically frail due to one or more of the following:
 - physical, mental, or emotional condition that limits a daily activity
 - physical, intellectual, or developmental disability
 - physical, mental, or emotional condition
 - disability based on Social Security criteria (SSDI)
 - chronic substance use disorder (SUD)
 - living in a nursing home, hospice, or rely on home help services
 - being homeless
 - a survivor of domestic violence
- the main caretaker for a family member under 6 in a one-parent household
- a full-time student
- under age 21 and live in Michigan foster care
- in prison or jail in the last 6 months
- receiving State of Michigan unemployment benefits
- receiving temporary or permanent disability payments from a private insurer or the government
- have a medical condition that limits work, approved by a doctor
- caring for a dependent with a disability and has a doctor's order for full-time care (one claim per household)

- caring for a person who cannot make decisions for themselves

How do you meet the requirements?

Activities like holding a job, going to school, or searching for a job may meet the requirements. In February 2020, individuals will begin monthly reporting through MI Bridges or by telephone. [More information about reporting will be available in December 2019.](#)

What can you do while waiting to for a letter from MDHHS?

Everyone currently enrolled in the Healthy Michigan Plan should keep an eye out for a letter from the state with information about the changes. Once you receive a letter, we recommend you respond as quickly as possible.

How do I get help?

You can reach out to The Wellness Plan and ask for:

Coco Moulder, Community Outreach & Engagement: cmoulder@wellplan.com; 313.970.1057

Bettina Graham, Community Outreach & Engagement: bgraham@wellplan.com; 313-399-3118

Additional information about available resources can be found through [MI Bridges](#). Many community resources for help with finding a job, child care, transportation and more can be found in [MI Bridges](#) or by dialing 2-1-1 or visiting www.mi211.org.